

DID YOU SERVE IN IRAQ OR AFGHANISTAN? DO YOU HAVE SYMPTOMS OF PTSD?

YOU MAY BE ELIGIBLE IF:

- You have symptoms of OIF/OEF combat related PTSD
- You are in generally good health
- You have not lost consciousness for more than one hour after blast exposure



Please join our research study to improve the treatment of PTSD by combining exposure therapy with a medication called D-Cycloserine, which has been FDA-approved for treatment of other conditions though not PTSD.

PTSD SYMPTOMS MAY INCLUDE: Repetitive, unwanted memories, sleep problems or nightmares, nervousness, jumpiness, or anxiety, and/or difficulty concentrating?



For more
information, contact
**Patti Taylor at
240 507 6339**

If eligible, you may be asked to participate in a **9-week research study**, in which

- **All participants receive the recommended treatment for PTSD: Exposure Therapy** (with or without virtual reality)
- Some participants receive a low dose of **D-Cycloserine**, while others receive a placebo (a sugar pill), taken once a week

All information is strictly confidential.

Weekly study visits will take place at the National Intrepid Center of Excellence (NICoE) in Bethesda. WRNMMC neither encourages nor discourages your participation in this research

Protocol Title: Enhancing Exposure Therapy for PTSD: Virtual Reality and Imaginal Exposure with a Cognitive Enhancer
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